



Andean Spirit - Shaman Journey : 7D

from : USD 5450.00

SEASON	All year
DURATION	7 days /6 nights (Lima - Lima)
FITNESS LEVEL	Active - Easy
DEPARTURE DATES	Available on request
ACTIVITIES	Native ceremonies, culture & nature exploration

Embark on a profound exploration of the spiritual heartlands of the Incas with our Shamanic Expedition. Discover the awe-inspiring Sacsayhuaman, the Temple of the Sun, and the mystical depths of the Peruvian Amazon.

This transformative journey to the Amazon is a sacred pilgrimage back to nature, a return to the roots that bind us all. Immerse yourself in the wisdom of the jungle as you learn about the properties of medicinal plants cherished by humanity for generations. More than a mere adventure, this shamanic journey serves as a powerful tool for spiritual growth and personal healing.

DAY 1 ARRIVAL & OPENING | Crafting Purpose

Arrival in Cusco, transfer to hotel.

In the afternoon, **there is an Opening Circle**, an introduction to Andean cosmology, and intention-setting.

Welcome dinner.

Focus of the day: Why am I here? What am I ready to transform?

Overnight in Cusco

DAY 2 SACSAYHUAMAN: REMEMBRANCE | Connection with Mother Earth

Morning visit to the Sun Temple, Sacsayhuaman, an ancient solar sanctuary built with stones weighing up to 130 tons.

Guided instruction on Andean principles of reciprocity, duality, and complementarity, followed by a deeply emotional Gratitude Ceremony to Pachamama led by an Andean healer.

Theme: Releasing blockages and opening the heart through reciprocity.

Overnight in Cusco (B/BL)

DAY 3 THE CLOUD FOREST GATE | Descent into Ancestral Nature

Early drive through Paucartambo and Ninamarca into Manu National Park.

Trek the Ericson Inka Trail as the landscape shifts from mountains into the lush cloud forest. Observe orchids, epiphytes, bromeliads, Cock-of-the-Rock, monkeys, and the elusive spectacled bear.

Theme: Returning to nature — preparing the inner self for expansion.

Overnight in a cloud forest lodge (BL/D)

DAY 4 THE AYAHUASCA NIGHT | Expansion of Consciousness

Morning exploration of the cloud forest.

After, we will drive to the rainforest, on the way we will visit a **hummingbird sanctuary**, a living landscape of bright wings and thunderous silence.

Boat transfer along the Madre de Dios River to the **rainforest Lodge**.

After sunset, an **Ayahuasca Ceremony** guided by an Amazonian healer and -protocol facilitators.

Theme: Encounter with inner truth, emotional release & deep clarity.

Overnight at Rainforest Lodge (B/L)

DAY 5 IN THE ARMS OF THE FOREST | Meaning Making

Gentle morning of silence and grounding after the ceremony.
 Immersion hike among **giant ceiba trees, medicinal plants and animal tracks**.
 Evening visit to **the mammal clay lick**, observing tapirs, peccaries and deer under the night sky.
Theme: Understanding what was revealed — translating symbols into meaning.
Overnight at Rainforest Lodge (B/L/D)

DAY 6 RETURN TO THE ANDES | Integration Begins

Early return trip from the Amazon back to the Sacred Valley.
 Meditative silence during the journey — the symbolic **return to the world**.
 Evening **Fire Circle** for group reflection, meaning-making and integration guidance.
Theme: What will I change when I return home?
Overnight in the Sacred Valley (B/L/D)

DAY 7 CLOSING & CONTINUITY | Bringing the Journey Home

Breakfast and **Closing Circle** — anchoring insights into daily life.
 Transfer to the airport.
 Participants receive:
 • **integration roadmap**
 • **personal journal notes**
 • **invitation to follow-up Zoom**

The retreat ends, but the transformation continues.

SAFETY, ETHICS & RESPONSIBILITY

We uphold the highest standards of respect for ancestral medicine and participant wellbeing:

- ? Ceremonies led *only* by experienced and culturally recognized healers
- ? Safety screening (medical form + personal interview) before participation
- ? Psychological & physical support before the Ayahuasca ceremony.
- ? Option to skip or discontinue any activity with full support
- ? No commercialization of indigenous identity — respectful cultural exchange

This journey is not simply travel — **it is a guided process of personal transformation** inspired by the spiritual cosmology of the Andes and the ancestral medicine traditions of the Amazon. Every step, every ceremony, and every landscape is intentionally sequenced to support emotional liberation, deeper consciousness and meaningful integration.

Included

TRANSPORT	Private transport for tours, including boats and trains.
HOTEL	Hotel ***3 / Jungle Lodge 3
TOURS	According to program, ceremonies and meditation+ Guide.
ENTRANCE FEE / PERMITS	Jungle national parks.
MEALS	<div> Bx6 Lx3 Dx3 </div>
STAFF	Bilingual Guide /Cooks /Healers

Not included

Rates 2026**Cost per person in USD dollars**

Service	1 Pax	2 Pax	3 Pax
PRIVATE SERVICE	USD 6,300	USD 3,900	USD 3,400
SACRED VALLEY RETREAT	USD 5,800	USD 3,400	USD 2,800

Double accommodation

Departures on request—[contact](#) us for current availability

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